

1. Look back at your journal from today. Think about what you wrote. Now, diagnose the problem(s). What, specifically, ARE the problems you face when reading for school?
 - A.
 - B.
 - C.

2. Get out your Reading Strategies packet. Read through it. Now that you have diagnosed the problem(s), what strategies can you use to solve the problem(s)?
 - A.
 - B.
 - C.

3. Get the article called "The Role of Metacognition in Learning and Achievement." Chose 2 action-specific reading strategies (not location-specific strategies) to use while you read. Write the strategies here that you will use.
 - A.
 - B.

Metacognition and Learning, Page 2

- A. What is metacognition?
 - B. Why is metacognition important?
 - C. What is transfer?
 - D. What are some traditional methods that don't create encourage deeper learning?
 - E. What are strategic methods that result in deeper, more permanent learning?
 - F. What metacognitive process has been linked to improved results in problem solving?
 - G. What is self-efficacy?
 - H. Why is self-efficacy important for deeper learning and better performance?
5. What have you learned from this article, in your own words?